

Conversation starters

"How are you finding your Relationships and Sexuality Education (RSE) lessons going at school? What would you like more information on?"

"Who are three people you would feel comfortable going to if you need advice about relationships and sex?"
Offer suggestions such as older sibling, friend's parent, auntie, doctor, SHQ Helpline.

"The Pride Parade is on this week. Is that something you and your friends might like to go to?"

"What do you think of...?"
Insert an example of the latest scandal of a celebrity doing something controversial, such as being photographed wearing no underwear, sexting, etc.
Use an example that your kids will know and are able to provide their thoughts on.

"Did you see that article about the student who is transgender and how the school support her in her transition? How do you think your school would respond?"

"My friend's daughter has just had 'the rod' fitted. What have you heard about 'the rod'?"

While watching a TV show in which teenagers are having sex: "What age do you think a person is ready to have sex? How will you decide?" (Instead of asking, "Have you had sex?")

"I found this great website. It has a list of frequently asked questions. Let's have a look at some of the questions people ask."

"Here's Auntie's ultrasound. Isn't it amazing? She's going to be a great parent. What age do you think a person is ready to be a parent? What do you think are the qualities that a parent should have?"

"This school has changed its uniform policy so that there is no separate 'girls' and 'boys' uniform. What do you think?"

In response to a news article: "That party got out of hand and the police arrived. What do you think you would do in that situation?"

"This person got sacked for making homophobic comments to a co-worker. What are your thoughts?"

